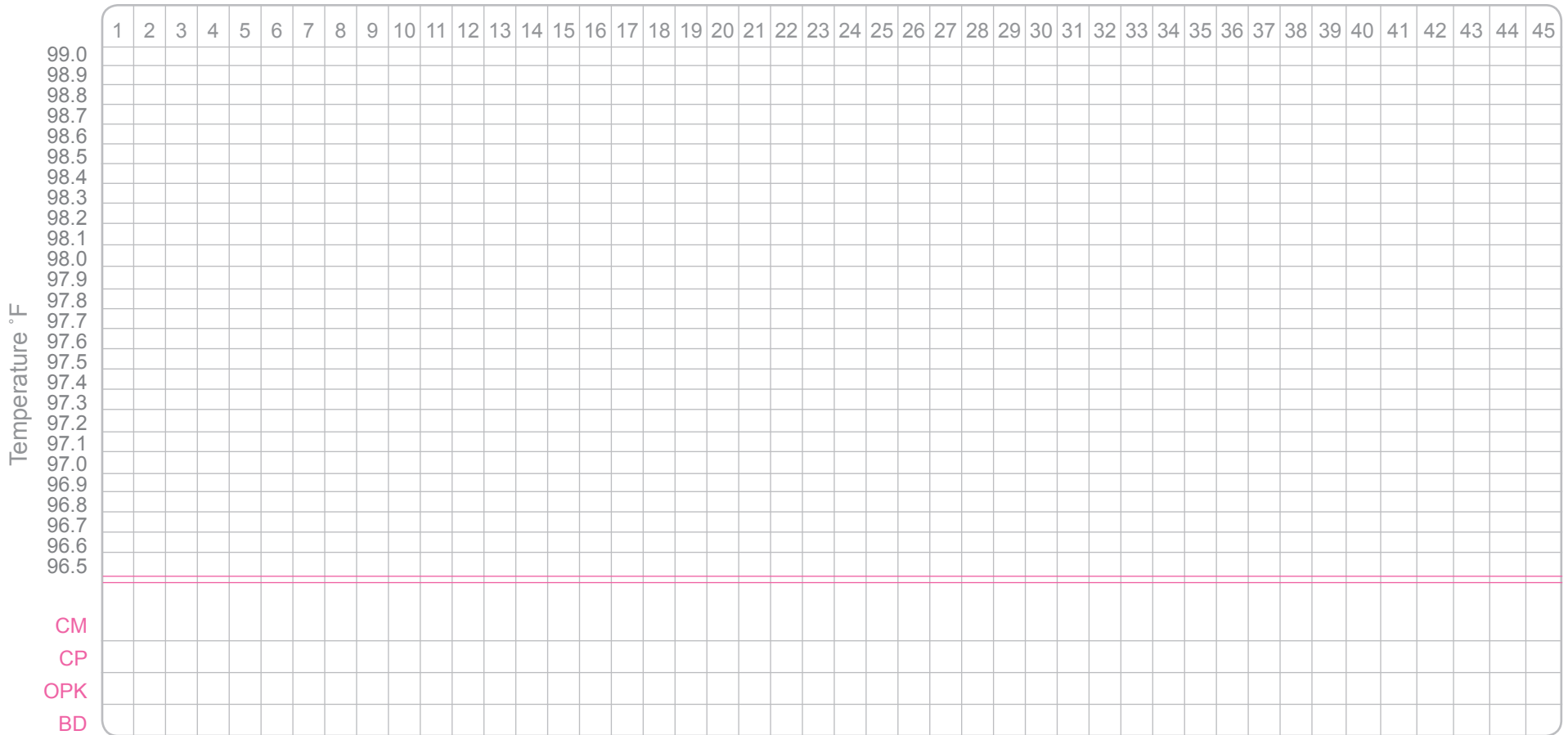


Cycle Days



CM (Cervical Mucus)

- D: dry
- S: sticky
- C: creamy
- W: watery
- E: eggwhite consistency
- M: menstruation

CP (Cervical Position)

- H: high
- M: medium
- L: low
- S: soft
- F: firm

OPK (Ovulation Predictor Kit)

- P: positive
- N: negative

BD (Baby Dance / Intercourse)

- BD: baby dance